

Important Dates

- 6- K Open House
- 7- Art Gallery Jr/ Int
- 8 Basketball
- 9- Pizza Day, Winter Carnival
- 12- NCAA Basketball, Art Gallery
- 12-15 Kids Helping Kids
- 13- Dental Visit Int. Hockey Game
- 14 Ash Wednesday, Valentines Day
- 15 Lets Talk Science Gr. 8 Toonie Treat
- 16- PA Day
- 19- Family Day
- 23 Back up Date for Winter Carnival, Pizza Day
- 27- Mathletes
- 28 Pink Shirt Day, 1st Communion Retreat Gr. 2

Holy Name Catholic School

February Prayer



Basketball

Boys and Girls basketball will be having our area of schools tournament on February 8th at Notre Dame. The Board tournament will be February 15th.

Kids Helping Kids

Kids Helping Kids week will take place from February 12th to February 15th.

Feb. 12th- PJ Day

Feb. 13th

Feb. 14th- Jersey Day

Feb. 15th- Creative Hair

Shrove Tuesday

Shrove Tuesday is Feb. 13th. Parent Volunteers will be providing pancakes to students.

St. Kevin Parish

- Mass Times – Saturday 5 PM Sunday 9 AM, 10:30 Am , 5 PM
- Please check Parish website for finalized dates and process for Christmas Mass.

School News

Black History Month

February is Black History Month. Black History will be a focus this month.

Kindergaren Open House

Kindergarten Open House will take place February 6th from 9AM to 6PM.

Report Cards

Report Cards will be available through the online portal on February 12th.

Pink Shirt Day

Pink Shirt Day will take place on February 28th.

1st Communion Retreat

The First Communion Retreat will take place on February 28th for our Grade 2 Students.

Art Gallery

Junior and Intermediate students will have Art Gallery Feb. 7th 8th, and 12th.

Spirit **W**ear- Maddalenas Uniforms

Spirit Wear is available through the Maddalena Uniforms.
Maddalena-uniforms.com

Catholic School Council

Our next CSC meeting will take place Feb. at 6 PM in our library. Our Chair for this year is Allison Hilbing. All parents are welcome to attend our meetings.

Hot Lunches

Pizza Days will take place on Feb. 9th and 23rd. Toonie Treat Day will take place on the 15th.

Parking Lot Safety

Please ensure that all parents exercise caution during morning drop off and pick up of students. Please ensure that all parents drive at a speed in and out of the parking lot that ensures student safety at all times. Let's ensure our kids are safe at all times.

French Immersion

Please click on the link below for information regarding French Immersion.

<https://drive.google.com/file/d/1JBqo4oKnpYEauR3yEyKkz4p4FWu64aT2/view?usp=sharing>

PA Day

February 16th will be a PA day. No school for students.

Welcome to Kindergarten!

Do you have a little one starting Kindergarten?

Parents and caregivers may have inquiries about what to anticipate as their children embark on their school journey. Working collaboratively with teachers, support staff, students, and parents, your School Health Nurse strives to create a healthier school community.



Check out our Welcome to Kindergarten video that reviews a few helpful reminders from Public Health!

- English: <https://youtu.be/mkJcbqwxwzk>
- French: <https://youtu.be/eu20sVNoTOU>

Eating Disorders Awareness Week

From **February 1st to 7th 2024** join, National Eating Disorder Information Centre and, eating disorder groups nationwide come together to observe [Eating Disorder Awareness Week](#). This dedicated week of action aims to educate the public about eating disorders, raising awareness of their impact, dispelling harmful stereotypes and myths, and highlighting available support for those living with or affected by these disorders.

Discover the support services provided by the National Eating Disorder Information Centre for [parents and caregivers](#). Below are some resources worth exploring:

- [Niagara Region x National Eating Disorder Information Centre "Transform the Narrative" Livestream](#)
- [A Parents' and Caregivers' Guide to Supporting Youth with Eating Disorders](#)
- [A Guide to Discussing Your Concerns with Your Child's Primary Care Provider](#)
- [Coping Strategies for Families and Partners of an Individual Living With an Eating Disorder](#)

Winter Walk Day

On **Wednesday February 7th** join schools across Ontario to celebrate [Winter Walk Day](#). While the cold air and snow might tempt you to drive, walking in winter can be enjoyable with some extra precautions. Here are tips for a safe and comfortable winter walk:



- Keep hands, head, and ears covered. Be sure hats and scarves do not block hearing or vision.
- Wear mittens, they keep hands warmer than gloves.
- Wear warm, waterproof boots with good treads for better traction on snow and ice.
- Wear wool or insulating clothing to help retain body heat.
- Beware if the temperature falls below -25 °C or if the wind chill is -28 °C or colder. This is when exposed skin freezes in only a few minutes.
- Change wet clothes as soon as possible - tuck extra socks and mitts into backpacks.
- Keep wearing sunscreen - yes, you can still get a sun burn in winter.
- Add reflective tape or tags on coats and backpacks.

Source: Green Communities Active & Safe Routes to School, Way to Go! School Program and Go for Green.

Check out Ontario Active School Travels [Winter Walk Day](#) webpage for promotional materials, resources, and activities below to help you celebrate WWD in your community! We're looking forward to seeing everyone in their cozy winter wear!



Educational Resources

Pink Shirt Day

Pink Shirt Day, also known as Anti-Bullying Day, is on **February 28, 2023**. Throughout February and the year, [CKNW Kids' Fund's Pink Shirt Day](#) raises awareness and funds for programs promoting children's self-esteem. Wear a pink shirt on this day to stand against bullying and contribute to creating a kinder, more inclusive world. Let victims know they're not alone; help and support are available.

Encourage your school to wear Pink Shirts on the 28th to show that you stand against bullying! For more ways to get involved visit <https://www.pinkshirtday.ca/get-involved>.

